

Some of Forrest's Favorite Quotes - List

"Decide what you want, decide what you are willing to exchange for it. Establish your priorities and go to work." H. L. Hunt

**"Only those who dare to fail greatly can ever achieve greatly."
Robert Francis Kennedy**

**"It is time for us all to stand and cheer for the doer, the achiever — the one who recognizes the challenge and does something about it. "
Vince Lombardi**

**"Achievement seems to be connected with action. Successful men and women keep moving. They make mistakes, but they don't quit."
Conrad Hilton**

**"Do not let what you cannot do interfere with what you can do."
John Wooden**

"The only way around is through." Robert Frost

**"The secret of health for both mind and body is not to mourn for the past, not to worry about the future, or not to anticipate troubles, but to live the present moment wisely and earnestly."
Siddhartha Guatama Buddha**

**"Get Health. No labor, effort nor exercise that can gain it must be grudged."
Ralph Waldo Emerson**

**"Take care of your body. It's the only place you have to live."
Jim Rohn**

"To insure good health: Eat lightly, breathe deeply, live moderately, cultivate cheerfulness, and maintain an interest in life." **William Londen**

"Perseverance is not a long race; it is many short races one after another." **Walter Elliott**

"In the confrontation between the stream and the rock, the stream always wins- not through strength but by perseverance." **H. Jackson Brown**

"There is no achievement without goals." **Robert J. McKaine**

"What you get by achieving your goals is not as important as what you become by achieving your goals."

Zig Ziglar

"Without goals, and plans to reach them, you are like a ship that has set sail with no destination." **Fitzhugh Dodson**

"Difficulties increase the nearer we approach the goal." **Johann Wolfgang Von Goethe**

"Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude." **Thomas Jefferson**

"By recording your dreams and goals on paper, you set in motion the process of becoming the person you most want to be." **Mark Victor Hansen**

"If you don't know where you are going, you'll probably end up somewhere else."

Lewis Carroll

"In the long run men hit only what they aim at." **Henry David Thoreau**

"Reduce your plan to writing... The moment you complete this, you will have definitely given concrete form to the intangible desire." **Napoleon Hill**

Committing your goals to paper increases the likelihood of your achieving them by one thousand percent!

Brian Tracy

"Dreams are extremely important. You can't do it unless you imagine it."
— **George Lucas**

"Go confidently in the direction of your dreams. Live the life you've imagined."

Henry David Thoreau

"“It is our attitude at the beginning of a difficult task which, more than anything else, will affect it's successful outcome.”

–**William James**

"The state of your life is nothing more than a reflection of your state of mind." **Dr. Wayne W. Dyer**

"Attitude is more important than the past, than education, than money, than circumstances, than what people do or say. It is more important than appearance, giftedness, or skill. " **Charles Swindoll**

"The real voyage of discovery consists not in making new landscapes but in having new eyes." **Marcel Proust**

"The successful warrior is the average man, with laser-like focus."

Bruce Lee

["You're in pretty good shape for the shape you are in." Dr. Seuss](#)

"The only thing that interferes with my learning is my education."
Albert Einstein

Every man is the builder of a temple called his body.

Henry David Thoreau

I stand in awe of my body.

Henry David Thoreau

My friend is one... who take me for what I am.

Henry David Thoreau

Live each season as it passes; breathe the air, drink the drink, taste the fruit, and resign yourself to the influences of each.

Henry David Thoreau

Things do not change; we change.

Henry David Thoreau, *Walden* (1970)